

Who We Serve

Veteran Support|Advocacy|Resources

Support Veterans Facing Hunger



What's missing from this microwave?

The answer is simple, "Something to cook!"

Many VA Medical Centers will provide a food pantry for Veterans in need while others don't. All serve Veterans and their families who are facing hunger. By supporting your **local** VA Medical Center with needed food items you can help feed Veterans and their families **living in your community**.

Can you or your organization commit to providing Veterans in **your area** some of the food they need for themselves and their families? If you answered, "Yes!", then consider donating some of the following items suggested and needed by VA Medical Centers.

High protein snacks:

- Trail mix
- Beef jerky
- Beef sticks
- Tuna (*dry package type...not in a can*)
- Mixed nuts
- Protein/nature bars
- Fruit/applesauce in cups



Shelf stable microwavable meals:

- Microwavable meals
- Microwavable macaroni & cheese cups
- Microwavable soup cups



Beverages:

- Bottled water
- Gatorade
- Plastic spoons, forks and knives (individually wrapped)



Note: Please make sure all food items are non-perishable.

You can order through online delivery firms such as Amazon or Walmart or you can shop at your local grocery store and drop off at your local VA facility.

Email info@whoweserve.com for more information or visit www.whoweserve.com

Make sure to include your city so we know what VA facility contact information to provide.